

**ARE U mid-40 to mid-60?
U ARE a Baby Boomer!**



**How do I juggle relationships between
my parents, my children, and
my grandchildren?**



What's missing in my life?

What's next for me?



**Ugh...my health isn't what is used
to be – what can I do?**

Is inner peace possible?

Am I doing what I really want to do?

Boomers Today



VESTAVIA HILLS
UNITED METHODIST CHURCH

**Saturday, January 28, 2012
8:30 am – 3:30 pm**

**Fellowship Hall
Vestavia Hills United Methodist Church
\$10.00**

Gentzler, Rick

Richard Gentzler (Rick), a Boomer himself, is a director at the United Methodist General Board of Discipleship. He has a passion for adult ministries and has traveled across the United States



working with churches to provide resources and training for leaders. Rick's research and work is heavily involved in aging issues and older adult ministries, but more recently has expanded to include the Boomer generation. His work encompasses a large number of persons, since over half of the approximately 7.5 million members of The United Methodist Church in the United States are 50 years of age and older.

Rick is nationally recognized as a teacher, writer, and leader. He has written extensively for leaders across the mid-adult age span and beyond. Some of his books related to boomer ministry include: *Forty-Sixty: A Study for Midlife Adults Who Want to Make a Difference*; *The Pulse of United Methodist Baby Boomers (pdf)*; and *Adult Ministries: Guidelines for Leading Your Congregation*.

Rick began his career as a high school social studies teacher and football coach and he has taught college courses in sociology and thanatology and seminary courses in aging and older adult ministries. Prior to joining the staff of the General Board of Discipleship, Rick served as pastor of churches in Maryland and Pennsylvania.

Schedule

8:30 am Registration

9:00 am Welcome and Devotion

9:15 am Boomers: Who Are We?

Explore what is unique about boomers as we dispel some myths; learn how we are different than our parents and our children; and identify the challenges and major transitions we are facing in life.

10:30 am Break

10:45 am Who Are We Spiritually?

As we move into the second half of our lives – think about the journey outward and the journey inward.

12:00 noon Lunch

12:45 pm What Do We Need from the Church?

Identify our unique needs (spiritual, health, meaningful service and ministry, intergenerational relationships, singlehood, etc...) from the church as we move toward 2020!

2:00 pm Break

2:15 pm What's Next?
Shaping Ministries with Boomers

Explore ways to invite and involve boomers as we vision and shape ministries in our congregations.

3:30 pm Seminar concludes

Registration

The cost of the day is \$10 and includes seminar materials, snacks and lunch. We are accepting online registration at www.vhumc.org or please complete the registration form below and mail to:

Vestavia Hills United Methodist Church
Attn: Susan Sparkman
2061 Kentucky Avenue, Birmingham, AL 35216

Registration deadline – January 20, 2012

Name _____

Address _____

Phone Number _____

Email _____

Church or Organization _____

For more information or to make a phone reservation, please contact – Susan Sparkman, 769-0117 or ssparkman@vhumc.org